

# Ricardo Fuentes

Salud, Familia, y Amor  
Health, Family and Love

# Soportes de Ricardo

- Mi Mama (Mother) Maria Fuentes
- Mi Padre (My Father)
- Mi hermano (My brother)
- Carmen de mi escuela
- Todas las personas que me ayudan en la escuela como Amy (All the people who have helped me while in school like Amy)

# Quién es Ricardo?

Ricardo es un joven de 21 años. El vive con su madre, su padre y uno de sus dos hermanos. Su hermano va a la universidad de Maryland. Su papá trabaja y su mama se queda en la casa para cuidarlo. El papa ayuda cuando está en la casa y mantiene la familia económicamente.

Ricardo nació en El Salvador y vino a los estados unidos a la edad de 2 con su mama. En poco tiempo el tuvo su residencia legal y se hizo ciudadano en el 2009. Para muchos años él no iba a la escuela porque sus padres no sabían que niños especiales tenían el derecho a la educación especial. Cuando aprendieron que el puede ir a la escuela, el entro la escuela de su vecindario. .

# Who is Ricardo?

Ricardo is a young man of 21 years old. He lives with his mother, father and one of his brothers, His brother goes to the University of Maryland. His father works and mom stays at home to care for him.

Ricardo was born in El Salvador and came to the US when he was 2 years old with his mother. In a short time he became a US resident and then became a citizen in 2009. For many years he didn't go to school because his parents were not aware that children with disabilities had the right to special education. When they learned this, he started going to school in Stephen Knolls in Montgomery County.

# Mas Sobre Ricardo

## More about Ricardo

*A Ricardo le encanta ver caricaturas, escuchar música, estar con su familia, y jugar con juguetes con colores brillantes. A Ricardo le gusta salir en su silla de rueda en el sol.*

*Cuando Ricardo está bien de salud, el es contento. Se ve que él está contento porque él sonríe y hace sonidos contentos.*

*Cuando no se siente bien, el llora y se ve en la cara que no está cómodo.*

Ricardo loves a cartoons, listening to music, being with his family, and playing with colorful objects. Ricardo likes to go out in his wheelchair when it's sunny. When Ricardo is in good health, he is happy. You can tell he is happy because he will smile and will happy sounds. When he is not feeling well, he cries and you can tell from his expressions that he is not comfortable.

# Rollos Sociales y/o Empleo

## Social Roles &/or Paid Employment

Intereses/Interest	Capacidad/Capacity	Que rollos sociales son posibles?/What social role is possible?	Que trabajo puede hacer para pago?/ What can you do to get paid?
Música Animación/ Music and animation	Escucha música o ir a conciertos con luces/ Listen to music Attend concerts like light shows	Puede salir a conciertos o a comprar música que le interesa	No se sabe si el va poder tener un trabajo porque sus necesidades médicas son muchas. It is too early to know what he will do for work because his medical needs are so great.
Objetos de colores brillantes/ Colorful objects	Ricardo le gusta mirar los juguetes pero no es fácil para él a tocarlos porque tiene movimiento limitado/ Ricardo likes to look a colorful objects but it's not easy for him to hold them because of his limited mobility in his arms and hands.	Ricardo puede visitar a lugares donde hay muchos colores y actividad visuales. Por ejemplo, el puede ir al acuario Ricardo can visit places where there are lots of colors and visual activities, for example like aquariums	No se sabe si el va poder tener un trabajo porque sus necesidades médicas son muchas. It is too early to know what he will do for work because his medical needs are so great.

# Choice and Control Map

## Decisiones que hago para yo mismo Choices I Make for Myself

- Lo que veo en el televisor/What I watch on television
- Cuando quiero más atención/When I want more attention
- La música que me gusta oír/What music I like to listen to
- Cuando quiero dormir/When I want to sleep

Me comunico con expresiones de la cara y con mis sonidos.

I express myself through facial expressions and sounds which could be happy or unhappy

## Decisiones hecho por mi/ Choices People Make for Me

- Citas de doctor/ Doctor Appointments
- Transportación/Transportation
- Cuando y como tomo medicinas/ When and how to take medicines
- Como me visto/ What I wear

Mi mama es la que me cuida más y mi padre es el que nos soporta financieramente. El nos ayuda mantener nuestra casa y pagar utilidades.

My mother is my primary caregiver and my father is our financial supporter. He helps maintain our home and pay bills.

**Keys to Successful Support...  
People Must Know & Do the Following to  
Successfully Support You**

- Habla con Ricardo, léale libros, cántale canciones (Speak with Ricardo, read books to him, sing songs to him)
- Esté pendiente de su salud todo el tiempo (Be aware of his health and safety at all times)
- Escuche lo que él está tratando de decir con sus expresiones y sonidos. (Listen to what he is trying to tell you with his facial expressions and sounds)



# Keys to Successful Support ~ Health and Wellness...

People Must Know & Do the Following to Successfully Support You

*Ricardo no aguanta el frio. El tiene las defensas bajas y se puede enfermar fácilmente. Por eso es importante que las personas que están en contacto con él se lavan las manos y tengan una gripe. Si el tiempo está muy malo, el no va a la escuela.*

*Ricardo tiene una historia de epilepsia, asma, y neumonía. El usa una silla de rueda para movilidad y necesita transporte que tiene una rampa para la silla.*

*El necesita usar una máquina para sacar la flema de sus pulmones, una cpap, un bi-pap, una cama de hospital, y una maquina para comer por el G-Tube. El también una máquina que mide el oxígeno que es necesario cuando el tiene un ataque de asma. Por estas razones, Ricardo no puede estar solo.*

# Keys to Successful Support ~ Health and Wellness...

People Must Know & Do the Following to Successfully Support You

Ricardo can't tolerate cold weather. His immune system is weak and he gets sick easily. Because of this, it's important that people who are near him need to wash their hands and be free of any colds or illness. If the weather is really bad, he doesn't go to school.

Ricardo has a history of seizures, asthma, and pneumonia. He uses a wheelchair for mobility and needs a wheelchair accessible van.

He needs to use a machine to suction the phlegm from his lungs, a cpap, a bi-pap, a hospital bed, and a machine so he can eat with the G-Tube. He also has a machine that measures his oxygen level which is used when he is having an asthma attack. For all of these reasons, Ricardo needs to have someone with him at all times.

# Ricardo's Action Plan

**Outcome: Ricardo will experience as many life experiences as possible.**

How will we get there?	How will we make it happen?	Who will help ?	By when do we expect to achieve this? How often will this be monitored?	Who will monitor progress. Document updates here.
Ricardo va ir a conciertos, caminar en su vecindario, salir cuando está soleado afuera y ir a otro lugares que son estimulantes visualmente.	Ricardo y su empleados van a planear cada semana actividades que lo van a ayudar a que el salga mas de la casa. Van a revisar qué actividades son disponibles que no cuestan mucho.	Soporte de CLS	Una vez al mes, Support Broker va a monitorear el plan.  Esta meta se va a	
Ricardo will attend concerts, go for walks in his neighborhood when it's warm out and go to other places that are visually stimulating	Ricardo and his support personnel will plan each week for activities that will enable him to get out of the house. They will also review Parks and Planning Guides in Spanish and use Spanish language resources to help find low cost activities he can access.	CLS Staff Person	This goal will be monitored at least once a month.  It is expected that by July 1, 2017, Ricardo will have several routine activities he will attend to with supports.	The Support Broker will check in with Ricardo and his team monthly and document progress below.